



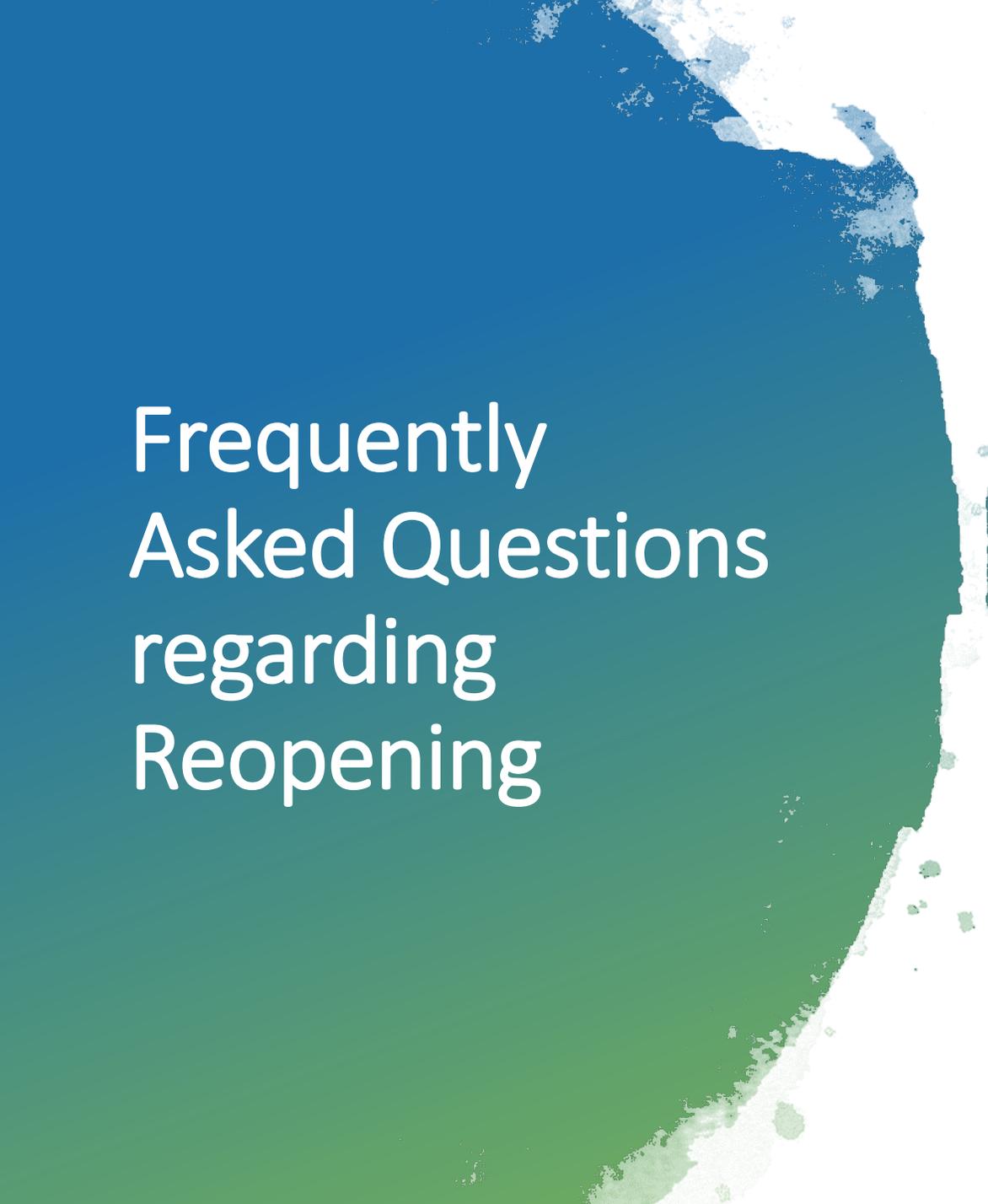
Senior Center Reopening

***Senior Center  
Strong***

# WELCOME BACK!!!

- We are very happy to finally be able to welcome people back!!
- While the Governor and State Health Department officials have determined it is safe to return, we must remember that the pandemic is not over.
- Older adults and people of any age who have serious underlying medical conditions like heart or lung disease or diabetes are still at higher risk to develop more serious complications from COVID-19.
- It is critical that all of us, staff and members work together to minimize the risks of spreading the coronavirus.





# Frequently Asked Questions regarding Reopening

## When are you reopening the Centers?

- We are planning a “soft” reopen at the Westminster Senior & Community Center on Friday, April 30<sup>th</sup>.
- Activities will include a Walk Carroll event, fitness classes, Grab and Go meals, Live entertainment and a t-shirt give away.

That's Great!!  
It's about  
time. What  
about the  
other  
Centers?

All five of the Carroll County Senior & Community Centers will open the week of May 3<sup>rd</sup>

Centers will operate on a staggered schedule and will be open two days per week

They will be open from 9am to 3pm by appointment only

We will reassess the center schedules as conditions improve/or worsen

# Center Schedules

## 9:00 a.m. to 3:00 p.m.

By Appointment Only

Monday	Tuesday	Wednesday	Thursday	Friday
North Carroll Westminster	South Carroll Taneytown	Mount Airy North Carroll	South Carroll Westminster	Mount Airy Taneytown

Will I be able  
do the same  
things as I did  
before the  
Pandemic shut  
down my  
center?

Unfortunately, while the centers will be open, out of an abundance of caution, we will only be able to offer a limited number of activities. Some possible activities include:

- Exercise classes
- Use of the Exercise Room
- Use of the Computer Room
- Arts and Crafts Classes
- Bingo
- Grab and Go Meals

# Can I just come and hang out and visit with some of my friends?

- Unfortunately - No.
- **All Senior Center Services will be open by appointment only.**
- There will be no drop-in Services.





**REGISTRATION  
REQUIRED**

# Wait- What does that mean?

- If you have not registered to attend an activity prior to it's scheduled time, you will not be able to enter the center.
- All people must enter and leave the center at designated doors.
- Everyone entering a Senior Center will be required to report to the front desk to answer screening questions and a check of their current temperature.
- If an individual refuses to complete the temperature/wellness check, they will not be permitted to enter the center.
- If a person indicates that they are ill or has a temperature of 100.4 they will not be permitted to participate in an activity and will be asked to leave the building. If necessary, Senior Center staff will assist that person with making transportation arrangements.

There's  
more...

To register for an activity please contact the respective Center by phone (contact information on the last slide). Currently we are not offering online registration.

The number of people allowed to participate in an activity will be dependent on the size of the room it is scheduled in and current Social Distancing Guidelines.

While we encourage members to suggest ideas, only activities approved by center staff will be permitted.

This is different from  
March 12<sup>th</sup>, 2020. What  
are you doing to preserve  
my safety?

- Everyone inside a Senior Center is required to wear a mask.
- We are limiting the number of people in activities so that people can remain at the currently prescribed social distance from one another.



OK- That's  
easy. Those  
things happen  
everywhere.  
Are you doing  
anything else?

- We have installed plexiglass shields at each centers' front desk (except Taneytown- they don't have a front desk).
- We have PPE available at all centers. This includes extra masks in case the one you have is damaged (i.e. straps snapped).
- We have installed touchless hand sanitizer, towel and soap dispensers at all centers.
- The County's facilities staff have reconfigured the ventilation systems in each center to increase fresh air for better air exchange. They have also installed UVC lighting which helps kill airborne bacteria.



# Protecting your Safety

- Opening Centers two days per week allows us to double the number of staff from two to four. This enables us to properly sanitize rooms in between use.
- Activities will be scheduled in the center's larger rooms - to once again assure safe social distancing.
- All dishware, cups and utensils will be disposable (and no longer Styrofoam).
- We are removing “high touch” materials like pamphlets and greeting cards.



I drive but a lot of my friends don't.  
Will they still be able to access CTS?

Yes, they will, however anyone utilizing CTS should be aware of the following:

- CTS is currently transporting at 50% capacity. Masks are required at all times on the bus
- You can now use a credit card to pay for rides
- Funds can be added to your account to further enable contactless options for paying.
- The Purple 2 and Red Commuter Routes are currently suspended
- Otherwise, everything is running normally

If you have more questions, you can contact CTS at 410-363-0622

OK- Sounds like a lot of planning went into the reopening- But it's been 14 months!! What else have you guys been doing in that time?

- At the time of the closure our center custodians were designated as essential. In that time, they have been dispatched to clean other county office buildings while also maintaining the centers to which they were originally assigned. Their efforts have been invaluable.
- The Center and Assistant Managers continued to conduct wellness checks. When they were able to return to their centers last July, they worked hard to provide our first ever drive-by Farmers Market coupon distribution as well as a drive-up flu shot clinic.



## What else have you been doing?

- They also worked with me to develop a virtual exercise class schedule and an online newsletter. Our instructors have conducted over 750 class sessions. Again- both firsts for the county.
- Through our Grab and Go, Restaurant Initiative, and shelf stable food program we have provided over 43,000 meals to county residents.
- We worked with the election board to assure that people were able to utilize the Westminster Senior & Community Center to cast their votes.
- The Human Services Program of Carroll County used the Westminster Senior & Community Center to provide a day program for homeless individuals.

OK- good to hear that you guys have been working hard to help our county's residents



- It's true. All Bureau of Aging and Disabilities staff have worked very hard over the past 14 months.
- In January, our staff began assisting the Health Department at vaccine clinics. While the center's reopening will force them to scale back that assistance, we still plan to do our best to coordinate with the Health Department so that they can continue to occasionally use the Westminster, South Carroll and North Carroll Senior & Community Centers for clinics.

Check our website often for up-to-date information  
[www.carrollcountymd.gov/seniorcenters](http://www.carrollcountymd.gov/seniorcenters)

**To Register as a member or for activities, please call your center.**

**Mt. Airy Senior & Community Center – 703 Ridge Avenue, Mt. Airy – 410-386-3960**

**North Carroll Senior & Community Center – 2328 Hanover Pike, Hampstead – 410-386-3900**

**South Carroll Senior & Community Center – 5928 Mineral Hill Road, Sykesville – 410-386-3700**

**Taneytown Senior & Community Center – 220 Roberts Mill Road, Taneytown – 410-386-2700**

**Westminster Senior & Community Center – 125 Stoner Avenue, Westminster – 410-386-3850**