

March 2023 Menu North Carroll Lunch MENU SUBJECT TO CHANGE WITHOUT NOTICE

Cost of lunch for center members 60+ is a donation up to \$5.27 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$5.27. Spouses of adults 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$5.27.

Monday

Tuesday

Wednesday

Thursday

Friday

		1. Grilled Chicken Breast w/ Creamy Mushroom Gravy Wild Rice Blend Wax & Green Bean Medley Fruit/Bread/Juice/Milk RSVP BY 2/27 @ 10 AM	2. Swiss Cheeseburger Split Pea Soup Cole Slaw Tropical Fruit Juice/Milk RSVP BY 2/28 @ 10 AM	3. Roasted Pork Loin Au Gratin Potatoes Seasoned Kale Sliced Apple Pack Roll/Milk RSVP BY 3/1 @ 10 AM
6. Chicken Fajitas Mexican Rice Diced Peaches Juice Milk RSVP BY 3/2 @ 10 AM	7. Roast Turkey w/Gravy Mashed Potatoes Tropical Beets Corn & Pea Salad Fruit/Bread/Milk RSVP BY 3/3 @ 10 AM	8. Pasta w/ Meat Sauce Cinnamon Apples Bread Juice Milk RSVP BY 3/6 @ 10 AM	9. ITALIAN COLD CUT SUB Potato Salad Cole Slaw Fruit Cocktail Milk RSVP BY 3/2 @ 10 AM	10. Meatloaf w/Gravy Mashed Potatoes Peas & Pearl Onions Cinnamon Apples Bread/Juice/Milk RSVP BY 3/8 @ 10 AM
13. MEATLOAF SPECIAL Mashed Potatoes Sliced Carrots Applesauce Bread/Juice/Milk RSVP BY 3/6 @ 10 AM	14. Chicken Poppyseed Casserole Wild Rice Blend Seasoned Wax Beans Fruit/Bread/Juice/Milk RSVP BY 3/10 @ 10 AM	15. HOT DOG DAY Baked Beans Cole Slaw Diced Pears Milk RSVP BY 3/8 @ 10 AM	16. Roast Turkey w/Gravy Mashed Potatoes Dilled Carrots Fruit Cup Bread/Juice/Milk RSVP BY 3/14 @ 10 AM	17. ST. PATRICK'S DAY Corned Beef Red Skinned Potatoes Steamed Cabbage Copper Pennies Bread/Cake/Juice/Milk RSVP BY 3/10 @ 10 AM
20. Chicken Breast Au Vin Brown Rice Pilaf Mixed Vegetables Fruit/Bread/Juice/Milk RSVP BY 3/16 @ 10 AM	21. BAKED POTATO Chili Con Carne Spinach Salad Applesauce Juice/Milk RSVP BY 3/14 @ 10 AM	22. Salisbury Steak w/Gravy Mashed Potatoes Harvard Beets Navy Bean Salad Bread/Juice/Milk RSVP BY 3/20 @ 10 AM	23. Chicken Parmesan Sandwich Green Pea Salad Glazed Carrots Juice Milk RSVP BY 3/21 @ 10 AM	24. Pineapple Ham Au Gratin Potatoes Braised Cabbage Greek Salad Bread/Juice/Milk RSVP BY 3/22 @ 10 AM
27. Roast Chicken Leg Mac & Cheese Seasoned Green Beans Fruit/Muffin/Juice/Milk RSVP BY 3/23 @ 10 AM	28. Turkey Cheeseburger Cucumber & Onion Salad Juice Milk RSVP BY 3/24 @ 10 AM	29. Pot Roast Beef w/Gravy Seasoned Greens Mandarin Oranges Bread/Juice/Milk RSVP BY 3/27 @ 10 AM	30. BBQ Chicken Sandwich Cream of Broccoli Soup Red Cabbage Slaw Fruit/Milk RSVP BY 3/28 @ 10 AM	31. Turkey Ala King Seasoned Brown Rice Dilled Carrots Broccoli Slaw Bread/Juice/Milk RSVP BY 3/29 @ 10 AM